




## PE OVERVIEW

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	AUTUMN	SPRING	SUMMER
<b>EYFS</b>	<p><b>TERM 1 – BALANCE/COORDINATION</b>  <b>End point assessment:</b> Can I move with confidence?  <b>End point assessment:</b> Can I weave my body to move around objects?</p> <p><b>TERM 2 – GYMNASTICS/DANCE AND MOVEMENT</b>  <b>End point assessment:</b> Can I balance my body in different ways?  <b>End point assessment:</b> Can I move my body in time to the music?</p>	<p><b>TERM 3 – RUNNING/JUMPING</b>  <b>End point assessment:</b> Can I run, skip, hop and crawl?  <b>End point assessment:</b> Can I jump over an object?</p> <p><b>TERM 4 – ATHLETICS/CYCLING</b>  <b>End point assessment:</b> Can I try my best in a race and enjoy taking part even when I don't win?  <b>End point assessment:</b> Can I use a range of wheeled resources, showing balance and confidence?</p>	<p><b>TERM 5 – AGILITY/THROWING AND CATCHING</b>  <b>End point assessment:</b> Can I move under, over, through and around equipment?  <b>End point assessment:</b> Can I throw and catch a large ball?</p> <p><b>TERM 6 – SWIMMING/ROUNDERS</b>  <b>End point assessment:</b> Can I get in and out of a pool safely?  <b>End point assessment:</b> Can I run as fast as I can to an end point?</p>
<b>KS1</b>	<p><b>TERM 1 - FOOTBALL/ DODGEBALL</b>  <b>End point assessment:</b> Can I send and receive a ball?  <b>End point assessment:</b> Can I throw accurately?</p> <p><b>TERM 2 – DANCE/KABADDI</b></p>	<p><b>TERM 3 – GYMNASTICS/POP LACROSSE</b>  <b>End point assessment:</b> Can I balance and roll in different ways?  <b>End point assessment:</b> Can I send and receive a ball?</p> <p><b>TERM 4 – TAG RUGBY/CIRCUITS</b></p>	<p><b>TERM 5 – ATHLETICS/TRI-GOLF</b>  <b>End point assessment:</b> Can I run with control and speed?  <b>End point assessment:</b> Can I hit a ball with control and accuracy?</p> <p><b>TERM 6 – SWIMMING/ROUNDERS</b></p>

	<p><b>End point assessment:</b> Can I dance to a rhythm and follow a beat?</p> <p><b>End point assessment:</b> Can I move to find space in a game?</p>	<p><b>End point assessment:</b> Can I move effectively with a ball?</p> <p><b>End point assessment:</b> Can I be determined to improve my fitness?</p>	<p><b>End point assessment:</b> Can I use my legs and arms to move in the water?</p> <p><b>End point assessment:</b> Can I strike and field a ball?</p>
<b>LKS2</b>	<p><b>TERM 1 – NETBALL/TRI-GOLF</b></p> <p><b>End point assessment:</b> Can I create space in a game?</p> <p><b>End point assessment:</b> Can I hit a ball with accuracy at a target?</p> <p><b>TERM 2 – DANCE /DODGEBALL</b></p> <p><b>End point assessment:</b> Can I create a dance sequence?</p> <p><b>End point assessment:</b> Can I throw a ball at a moving target?</p>	<p><b>TERM 3 – GYMNASTICS/TAG RUGBY</b></p> <p><b>End point assessment:</b> Can I roll, jump and balance with in different ways with control?</p> <p><b>End point assessment:</b> Can I throw a ball whilst moving at speed?</p> <p><b>TERM 4 – POP LACROSSE/CIRCUITS</b></p> <p><b>End point assessment:</b> Can I use equipment to throw a ball at a target?</p> <p><b>End point assessment:</b> Can I be determined to monitor and improve my fitness over a period of time?</p>	<p><b>TERM 5 – ATHLETICS/CRICKET</b></p> <p><b>End point assessment:</b> Can I run and jump with accuracy and control?</p> <p><b>End point assessment:</b> Can I hit a ball with control?</p> <p><b>TERM 6 – SWIMMING/ROUNDERS</b></p> <p><b>End point assessment:</b> Can I use any stroke to swim from one point to another?</p> <p><b>End point assessment:</b> Can I play a striking and fielding game?</p>
<b>UKS2</b>	<p><b>TERM 1 – NETBALL/TRI-GOLF</b></p> <p><b>End point assessment:</b> Can I work as a team to play an invasion game?</p> <p><b>End point assessment:</b> Can I design my own game with a scoring system?</p> <p><b>TERM 2 – DANCE /DODGEBALL</b></p> <p><b>End point assessment:</b> Can I follow and perform and dance?</p> <p><b>End point assessment:</b> Can I communicate with my team to ensure we all work co-operatively?</p>	<p><b>TERM 3 – GYMNASTICS/TAG RUGBY</b></p> <p><b>End point assessment:</b> Can I use equipment to help perform balance, rolls, jumps and leaps?</p> <p><b>End point assessment:</b> Can I throw and catch accurately at speed?</p> <p><b>TERM 4 – POP LACROSSE/CIRCUITS</b></p> <p><b>End point assessment:</b> Can I throw and catch a balance from a distance?</p> <p><b>End point assessment:</b> Can I talk about my performance and set my own fitness goals?</p>	<p><b>TERM 5 – ATHLETICS/CRICKET</b></p> <p><b>End point assessment:</b> Can I adapt my running speed to match the event?</p> <p><b>End point assessment:</b> Can I field a ball?</p> <p><b>TERM 6 – SWIMMING/ROUNDERS</b></p> <p><b>End point assessment:</b> Can I swim a distance of 25 metres?</p> <p><b>End point assessment:</b> Can I work co-operatively with team members in a striking and fielding game?</p>