



METHERINGHAM PRIMARY SCHOOL

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Dear Parents,

We are writing to advise you that children in Y1 and Y2 will be studying aspects of Relationships and Health Education in Term 5 and 6. When this new curriculum was designed in 2020, we consulted with parents. However, it is important that this consultation continues through the children's journey in PSHE.

The overall topic for this next term is called 'Safety and the Changing Body'.

Below is a summary of topic areas covered by each year group.

Year 1	<ul style="list-style-type: none">• Who are the adults in school?• How do we speak to adults outside of school and what do we do if we are worried by something an adult says or does? (Safeguarding)• What do I do if I get lost?• How do I make an emergency phone call?• What is the difference between appropriate and unacceptable physical contact? (Safeguarding)• What is safe to go in the body?• What are the hazards in the home and how can I avoid these dangers?• Which people in the community help to keep us safe?
Year 2	<ul style="list-style-type: none">• What the internet is and how it can help us?• How can we stay safe when using the internet?• Know the difference between secrets and surprises.• Know the concept of privacy and use the correct anatomical names for them (this is an important part of safeguarding)• Know the difference between safe and unsafe touches. (Safeguarding)• Know the PANTS rule (Safeguarding)• Know ways to keep safe on and near roads.• Know rules about crossing roads safely• Know how to stay safe with medicines

If you require further information about the content or resources for these lessons, then please contact your child's class teacher. You are also welcome to view the materials used, should you wish to.

The content of the topic will be taught sensitively and, in an age-appropriate way. Ground rules will be established before any specific content is delivered.



Thank you for your time in reading this information,

Mrs Natalie Jones
Key Stage Leader

