





PSHE/RSHE OVERVIEW EYFS

CYCLE A	AUTUMN	SPRING	SUMMER
	<p>TERM 1 MY FEELINGS</p> <p>BIG IDEA: Self-regulation</p> <p>End point assessment: Can I name feelings and ways to manage them?</p> <p>TERM 2 SPECIAL RELATIONSHIPS</p> <p>BIG IDEA: Building relationships</p> <p>End point assessment: Can I talk about who is special to me and name how I am special too?</p>	<p>TERM 3 SELF-REGULATION</p> <p>BIG IDEA: Listening and following instructions</p> <p>End point assessment: Can I demonstrate how to regulate my emotions?</p> <p>TERM 4 MANAGING SELF</p> <p>BIG IDEA: Taking on challenges</p> <p>End point assessment: Can I demonstrate resilience and determination when faced with challenge?</p>	<p>TERM 5 MANAGING SELF</p> <p>BIG IDEA: My well-being</p> <p>End point assessment: Can I talk about how to take care of myself?</p> <p>LINK</p> <p>TERM 6 BUILDING RELATIONSHIPS</p> <p>BIG IDEA: My family and friends</p> <p>End point assessment: Can I talk about and respect similarities and differences in people?</p>



PSHE/RSHE OVERVIEW KS1

	AUTUMN	SPRING	SUMMER
CYCLE A	<p>TERM 1 - FAMILIES AND RELATIONSHIPS BIG IDEA: RELATIONSHIPS End point assessment: Can I talk about respectful family and friendships?</p> <p>PROTECTED CHARACTERISTICS LINK: Sex, Marriage and civil partnership SMSC LINK: Spiritual, Moral, Social BRITISH VALUES LINK: Mutual respect</p> <p>TERM 2 - HEALTH AND WELL BEING BIG IDEA: HEALTHY LIFESTYLES End point assessment: Can I discuss ways of keeping my body and mind healthy?</p> <p>SCIENCE CURRICULUM LINK: Diet and exercise SMSC LINK: Spiritual, Moral, Social and Cultural</p>	<p>TERM 3 - ECONOMIC WELL BEING BIG IDEA: LIVING IN THE WIDER WORLD End point assessment: Can I explain what money is and how to look after it?</p> <p>MATHS CURRICULUM LINK: £ and p</p> <p>PROTECTED CHARACTERISTICS LINK: Age, Disability, Sex, Race, Religion or belief SMSC LINK: Spiritual, Moral, Social and Cultural BRITISH VALUES LINK: Democracy, The rule of law, Individual liberty Mutual respect and tolerance</p> <p>TERM 4 - CITIZENSHIP BIG IDEA: VALUES End point assessment: Can I explain how I fit into my communities (school and local)?</p> <p>PROTECTED CHARACTERISTICS LINK: Age, Race, Religion and Belief SMSC LINK: Spiritual, Moral, Social and Cultural BRITISH VALUES LINK: Democracy, The rule of law, Individual liberty Mutual respect and tolerance</p>	<p>TERM 5 - SAFETY AND THE CHANGING BODY BIG IDEA: KEEPING SAFE End point assessment: Can I discuss ways of keeping myself safe?</p> <p>COMPUTING CURRICULUM LINK: Online safety</p> <p>PROTECTED CHARACTERISTICS LINK: Sex and Sexual orientation SMSC LINK: Spiritual, Moral, Social and Cultural BRITISH VALUES LINK: Individual liberty and Mutual respect</p> <p>TERM 6 - TRANSITION BIG IDEA: DEALING WITH CHANGE End point assessment: Can I talk about what I have achieved and explain what I am looking forward to in the next school year?</p>
CYCLE B	<p>TERM 1 - FAMILIES AND RELATIONSHIPS BIG IDEA: GETTING ON AND FALLING OUT End point assessment: Can I talk characteristics of positive relationships?</p> <p>PROTECTED CHARACTERISTICS LINK: Sex, Marriage and civil partnership SMSC LINK: Spiritual, Moral, Social BRITISH VALUES LINK: Mutual respect</p>	<p>TERM 3 - ECONOMIC WELL BEING BIG IDEA: HOW MONEY HELPS US End point assessment: Can I explain how people get money and why people make different choices about spending and saving money?</p> <p>MATHS CURRICULUM LINK: £ and p</p> <p>PROTECTED CHARACTERISTICS LINK: Age, Disability, Sex, Race, Religion or belief SMSC LINK: Spiritual, Moral, Social and Cultural BRITISH VALUES LINK: Democracy, The rule of law, Individual liberty Mutual respect and tolerance</p>	<p>TERM 5 - SAFETY AND THE CHANGING BODY BIG IDEA: KEEPING SAFE End point assessment: Can I describe risks and hazards?</p> <p>COMPUTING CURRICULUM LINK: Online safety</p> <p>PROTECTED CHARACTERISTICS LINK: Sex and Sexual orientation SMSC LINK: Spiritual, Moral, Social and Cultural BRITISH VALUES LINK: Individual liberty and Mutual respect</p>

	<p>TERM 2 - HEALTH AND WELL BEING BIG IDEA: LOOKING AFTER MYSELF End point assessment: Can I discuss ways of keeping my body and mind healthy?</p> <p>SCIENCE CURRICULUM LINK: Diet and exercise SMSC LINK: Spiritual, Moral, Social and Cultural</p>	<p>TERM 4 - CITIZENSHIP BIG IDEA: UNDERSTANDING THE NEEDS OF OTHERS End point assessment: Can I talk about similarities and differences between ourselves and others?</p> <p>PROTECTED CHARACTERISTICS LINK: Age, Race, Religion and Belief SMSC LINK: Spiritual, Moral, Social and Cultural BRITISH VALUES LINK: Democracy, The rule of law, Individual liberty Mutual respect and tolerance</p>	<p>TERM 6 - TRANSITION BIG IDEA: DEALING WITH CHANGE End point assessment: I can talk about what I have achieved and explain what I am looking forward to in the next school year?</p>
	<h1>PSHE/RSHE OVERVIEW</h1> <h2>LKS2</h2>		
	AUTUMN	SPRING	SUMMER
CYCLE A	<p>TERM 1 - FAMILIES AND RELATIONSHIPS BIG IDEA: FRIENDSHIPS AND RELATIONSHIPS End point assessment: Can I discuss how to manage friendship issues and explain the concept of trust?</p> <p>PROTECTED CHARACTERISTICS LINK: Age, Disability, Sex, Race, Religion or belief BRITISH VALUES LINK: Individual liberty, Mutual respect and Tolerance</p> <p>TERM 2 - HEALTH AND WELL BEING BIG IDEA: HEALTHY BODY AND MIND End point assessment: Can I talk about my strengths and can discuss growth mindset?</p>	<p>TERM 3 - ECONOMIC WELL BEING BIG IDEA: FINANCIAL RESPONSIBILITIES End point assessment: Can I talk about how money or lack of it can affect the way we feel?</p> <p>MATHS CURRICULUM LINK: Finding change PROTECTED CHARACTERISTICS LINK: Sex BRITISH VALUES LINK: Democracy, The rule of law, Individual liberty Mutual respect and tolerance</p> <p>TERM 4 - CITIZENSHIP BIG IDEA: PERSONAL RESPONSIBILITY</p>	<p>TERM 5 - SAFETY AND THE CHANGING BODY BIG IDEA: CHANGING ME End point assessment: Can I talk about keeping myself safe on and offline?</p> <p>COMPUTING CURRICULUM LINK: Online safety BRITISH VALUES LINK: The rule of law, Individual liberty, Mutual respect</p> <p>TERM 6 - TRANSITION BIG IDEA: REFLECTION ON OPPORTUNITY AND RESPONSIBILITY</p>

	<p>SCIENCE CURRICULUM LINK: Healthy meals, food groups and nutrition</p> <p>BRITISH VALUES LINK: Individual liberty</p>	<p>End point assessment: Can I describe my role in the local community and explain the consequences of breaking the rules?</p> <p>PROTECTED CHARACTERISTICS LINK: Sexual orientation</p> <p>BRITISH VALUES LINK; BRITISH VALUE LINK: Democracy, The rule of law, Individual liberty Mutual respect and tolerance</p>	<p>End point assessment: Can I discuss the opportunities and explain the responsibilities that come with moving on to the next year group?</p>
CYCLE B	<p>TERM 1 - FAMILIES AND RELATIONSHIPS BIG IDEA: DIFFERENT TYPES OF FAMILIES End point assessment: Can I explain how families and friends support each other when things get challenging?</p> <p>PROTECTED CHARACTERISTICS LINK: Age, Disability, Sex, Race, Religion or belief</p> <p>BRITISH VALUES LINK: Individual liberty, Mutual respect and Tolerance</p> <p>TERM 2 - HEALTH AND WELL BEING BIG IDEA: MENTAL HEALTH End point assessment: Can I talk about the ways I can support good mental health?</p> <p>BRITISH VALUES LINK: Individual liberty</p>	<p>TERM 3 - ECONOMIC WELL BEING BIG IDEA: BUGETING AND SPENDING End point assessment: Can I discuss the spending choices that we make and why, thinking about potential jobs and careers?</p> <p>PROTECTED CHARACTERISTICS LINK: Sex</p> <p>BRITISH VALUES LINK: Democracy, The rule of law, Individual liberty Mutual respect and tolerance</p> <p>TERM 4 - CITIZENSHIP BIG IDEA: CHARITY End point assessment: Can I talk about the different people in a community and explain how we can help others through charity?</p> <p>SMSC LINK: see mapping document</p> <p>PROTECTED CHARACTERISTICS LINK: Sexual orientation</p> <p>BRITISH VALUES LINK; BRITISH VALUE LINK: Democracy, The rule of law, Individual liberty Mutual respect and tolerance</p>	<p>TERM 5 - SAFETY AND THE CHANGING BODY BIG IDEA: HARMFUL INFLUENCES End point assessment: Can I explain things that could harm me and how to call the emergency services?</p> <p>COMPUTING CURRICULUM LINK: Online safety</p> <p>BRITISH VALUES LINK: The rule of law, Individual liberty, Mutual respect</p> <p>TERM 6 - TRANSITION BIG IDEA: GOALS End point assessment: Can I talk about my goals for the new school year?</p>



PSHE/RSHE OVERVIEW

UKS2

	AUTUMN	SPRING	SUMMER
CYCLE A	<p>TERM 1 - FAMILIES AND RELATIONSHIPS BIG IDEA: RESPECTFUL RELATIONSHIPS End point assessment: Can I talk about how peoples' behaviour affects others? PROTECTED CHARACTERISTICS LINK: Sex, Marriage and civil partnership, Race, Religion or belief, Gender re-assignment BRITISH VALUES LINK: The rule of law, Individual liberty, Mutual respect and Tolerance</p> <p>TERM 2 - HEALTH AND WELL BEING BIG IDEA: SELF-AWARENESS AND UNDERSTANDING End point assessment: Can I discuss setting and achieving goals and coping with failure? BRITISH VALUES LINK: Individual liberty,</p>	<p>TERM 3 - ECONOMIC WELL BEING BIG IDEA: MANAGING MONEY End point assessment: Can I discuss income and expenditure and explain some of the possible routes into work? PROTECTED CHARACTERISTICS LINK: Age, Disability, Sex BRITISH VALUES LINK: Democracy, The rule of law, Individual liberty, Mutual respect and Tolerance</p> <p>TERM 4 - CITIZENSHIP BIG IDEA: RIGHTS AND RESPONSIBILITIES AND DEMOCRACY End point assessment: Can I explain what happens when laws are broken? PROTECTED CHARACTERISTICS LINK: Age, Disability, Sex, Race, Religion or belief BRITISH VALUES LINK: Democracy, The rule of law, Individual liberty, Mutual respect and Tolerance</p>	<p>TERM 5 - SAFETY AND THE CHANGING BODY BIG IDEA: RELATIONSHIPS AND MY CHANGING BODY End point assessment: Can I talk about how online relationships should be as respectful as face-to-face ones? Can I explain why puberty happens and how a human baby is made? PROTECTED CHARACTERISTICS LINK: Sex, Pregnancy and maternity, Sexual orientation, Gender Re-assignment BRITISH VALUES LINK: Individual liberty, Mutual respect</p> <p>TERM 6 SAFETY AND THE CHANGING BODY BIG IDEA: RELATIONSHIPS AND MY CHANGING BODY End point assessment: Can I explain about why puberty happens and how a human baby is made? PROTECTED CHARACTERISTICS LINK: Sex, Pregnancy and maternity, Sexual orientation, Gender Re-assignment BRITISH VALUES LINK: Individual liberty, Mutual respect</p> <p>YEAR 6 ONLY - IDENTITY BIG IDEA: BODY IMAGE End point assessment: Can I explain how views on body image can affect my mental health? PROTECTED CHARACTERISTICS LINK:</p>

			<p>Sex, Race, Sexual orientation, Religion or belief, Gender re-assignment</p> <p>YEAR 5/6 TRANSITION BIG IDEA: MANAGING BIG CHANGES End point assessment: Can I talk about the new opportunities moving on brings and voice any worries?</p>
CYCLE B	<p>TERM 1 - FAMILIES AND RELATIONSHIPS BIG IDEA: RESPECTFUL RELATIONSHIPS End point assessment: Can I talk about the physical and emotional boundaries in relationships? PROTECTED CHARACTERISTICS LINK: Sex, Marriage and civil partnership, Race, Religion or belief, Gender re-assignment (Y6) BRITISH VALUES LINK: The rule of law, Individual liberty, Mutual respect and Tolerance</p> <p>TERM 2 - HEALTH AND WELL BEING BIG IDEA: SELF-AWARENESS AND UNDERSTANDING End point assessment: Can I talk about the importance of a healthy lifestyle and explain some of the impact of poor habits on my health? BRITISH VALUES LINK: Individual liberty,</p>	<p>TERM 3 - ECONOMIC WELL BEING BIG IDEA: MANAGING MONEY End point assessment: Can I talk about jobs, money and banking and explain how gambling can impact on the future health of us and our families PROTECTED CHARACTERISTICS LINK: Age, Disability, Sex BRITISH VALUES LINK: Democracy, The rule of law, Individual liberty, Mutual respect and Tolerance</p> <p>TERM 4 - CITIZENSHIP BIG IDEA: RIGHTS AND RESPONSIBILITIES AND DEMOCRACY End point assessment: Can I talk about the system of democracy in the UK? PROTECTED CHARACTERISTICS LINK: Age, Disability, Sex, Race, Religion or belief BRITISH VALUES LINK: Democracy, The rule of law, Individual liberty, Mutual respect and Tolerance</p>	<p>TERM 5 - SAFETY AND THE CHANGING BODY BIG IDEA: ONLINE SAFETY End point assessment: Can I talk about how online relationships should be as respectful as face-to-face ones? PROTECTED CHARACTERISTICS LINK: Sex, Pregnancy and maternity, Sexual orientation, Gender Re-assignment BRITISH VALUES LINK: Individual liberty, Mutual respect</p> <p>TERM 6 SAFETY AND THE CHANGING BODY BIG IDEA: RELATIONSHIPS AND MY CHANGING BODY End point assessment: Can I talk about why puberty happens and explain how a human baby is made and how to keep my changing body safe? PROTECTED CHARACTERISTICS LINK: Sex, Pregnancy and maternity, Sexual orientation, Gender Re-assignment BRITISH VALUES LINK: Individual liberty, Mutual respect</p> <p>YEAR 6 ONLY - IDENTITY BIG IDEA: BODY IMAGE</p>

			<p>End point assessment: Can I talk about the factors that make up identity and how the images can be manipulated and are not always realistic?</p> <p>PROTECTED CHARACTERISTICS LINK: Sex, Race, Sexual orientation, Religion or belief, Gender re-assignment</p> <p>YEAR 5/6 TRANSITION BIG IDEA: MANAGING BIG CHANGES End point assessment: Can I talk about the responsibilities and opportunities that moving can provide?</p>
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